

=The DC Vegetarian Gluten-free Menu=

please say the words "GLUTEN-FREE" when ordering

our kitchen is not gluten-free: vital wheat gluten is used daily. there is significant risk for cross-contamination

ALL ITEMS VEGAN substitute avocado in place of cheese for free

GF BREAKFAST SANDWICHES

#1 Egg & Cheese \$7

organic seasoned tofu, cheese, tomato, spinach, roasted red pepper aioli on a gluten-free bun
avocado \$2 carrot ribbons 50¢ grilled onions \$1 raw onion 50¢ bell peppers 50¢

#3 Bacon, Egg & Cheese \$8.50

house tempeh bacon, organic seasoned tofu, cheese, tomato, spinach, roasted red pepper aioli
on a gluten-free bun
avocado \$2 carrot ribbons 50¢ grilled onions \$1 raw onion 50¢ bell peppers 50¢

Bun With Schmear \$5

gluten-free bun toasted with vegan cream cheese, peanut butter, or earth balance
cucumber 50¢ tomato 50¢ avocado \$2 spinach 50¢ carrot ribbons 50¢ bell peppers 50¢
grilled onions \$1 raw onion 50¢ tempeh bacon \$2

GLUTEN-FREE SIDES

Potato Salad cup \$4.50 bowl \$7

red and yukon gold potatoes, celery, carrots, green onion, fresh dill, vinaigrette

Caesar Salad small \$5 large \$8

organic romaine with housemade garlic caesar dressing, capers, almond parmesan

Chicken Salad cup \$5 bowl \$9

seasoned soy curls, celery, red onion, vegenaïse

Kale Side Salad small \$4.50 large \$7

kale, vinaigrette, carrots, parmesan

to go orders do not come with chips and pickle.

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GF NOT SANDWICHES

Dine-in orders served with potato chips & a pickle spear. Substitute any side in place of chips & pickle \$3

Chicken Salad \$12

seasoned soy curls, celery, red onion, vegenaise, lettuce, tomato served without bread over spinach and other vegetables
avocado \$2 tempeh bacon \$2 cheese \$1.50
banana peppers \$1

Cajun Chicken Po Boy \$12

creole seasoned soy curls, spicy remoulade sauce, lettuce, tomato, onion, pickle spears served without bread over spinach and other vegetables
cheese \$1.50 avocado \$2

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Italian Sub \$12

substitute tempeh bacon for deli meat (no extra charge), cheese, lettuce, tomato, onion, banana peppers, vegenaise, mustard, oil & vinegar on a gluten-free bun
avocado \$2 cucumbers 50¢ carrots 50¢
bell peppers 50¢

Before the Butcher Burger \$12

a new beefy soy patty, lettuce, tomato, onion, pickles, ketchup, mustard, vegenaise on a gluten-free bun
cheese \$1.50 tempeh bacon \$2 avocado \$2
grilled onions \$1

BLT \$10

marinated tempeh bacon, lettuce, tomato, and vegenaise on a gluten-free bun
avocado \$2 cheese \$1.50

The War Eagle \$11

bourbon BBQ soy curls, banana peppers, pickles, onions, vegenaise on a gluten-free bun
cheese \$1.50 avocado

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