

=The DC Vegetarian Gluten-free Menu=

please say the words "GLUTEN-FREE" when ordering

our kitchen is not gluten-free: vital wheat gluten is used daily. there is significant risk for cross-contamination

all items vegan by default, but dairy cheese is available. substitute avocado in place of cheese for free

GF BREAKFAST SANDWICHES

#1 Egg & Cheese \$6.50

organic seasoned tofu, cheese, tomato, spinach, roasted red pepper aioli on a gluten-free bun
avocado \$1 carrot ribbons 50¢ grilled or raw onion 50¢ bell peppers 50¢

#3 Bacon, Egg & Cheese \$7.50

house tempeh bacon, organic seasoned tofu, cheese, tomato, spinach, roasted red pepper aioli
on a gluten-free bun
avocado \$1 carrot ribbons 50¢ onion 50¢ bell peppers 50¢

Bun With Schmear \$4.50

gluten-free bun toasted with vegan cream cheese, dairy cream cheese, peanut butter, or earth balance
cucumber 50¢ tomato 50¢ avocado \$1 spinach 50¢ carrot ribbons 50¢ bell peppers 50¢
grilled or raw onion 50¢ tempeh bacon \$1.50

GLUTEN-FREE SIDES

German Potato Salad cup \$4 bowl \$6
red and yukon gold potatoes, celery, carrots, green
onion, fresh dill, vinaigrette

Kale Side Salad small \$4 large \$6
kale, vinaigrette, carrots, parmesan

Caesar Salad small \$4.50 large \$7
organic romaine with housemade garlic caesar
dressing, capers, parmesan-y cheese

Chicken Salad cup \$4.50 bowl \$7
seasoned soy curls, celery, red onion, vegenaïse

to go orders do not come with chips and pickle. if you request extra packaging we reserve the right to charge extra.

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GLUTEN-FREE SANDWICHES

All items vegan by default, but dairy cheese is available. Substitute avocado in place of cheese for free. Dine-in orders served with potato chips & a pickle spear. Substitute any side in place of chips & pickle \$3

Italian Sub \$12

substitute tempeh bacon for deli meat (no extra charge), cheese, lettuce, tomato, onion, banana peppers, veganaise, mustard, oil & vinegar on a gluten-free bun
avocado \$1.50 cucumbers 50¢ carrots 50¢ bell peppers 50¢

Chicken Salad \$12

seasoned soy curls, celery, red onion, veganaise, lettuce, tomato served without bread over spinach and other vegetables
avocado \$1.50 tempeh bacon \$1.50 cheese \$1.50 banana peppers \$1

BLT \$9

marinated tempeh bacon, lettuce, tomato, and veganaise on a gluten-free bun
avocado \$1.50 cheese \$1.50

Cajun Chicken Po Boy \$12

creole seasoned soy curls, spicy remoulade sauce, lettuce, tomato, onion, pickle spears served without bread over spinach and other vegetables
cheese \$1.50 avocado \$1.50

Before the Butcher Burger \$12

a new beefy soy patty, lettuce, tomato, onion, pickles, ketchup, mustard, veganaise on a gluten-free bun
cheese \$1.50 tempeh bacon \$1 avocado \$1.50 grilled onions 50¢

The War Eagle \$11

bourbon BBQ soy curls, banana peppers, pickles, onions, veganaise on a gluten-free bun
cheese \$1.50 avocado \$1.50 banana peppers \$1

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