

# =The DC Vegetarian Gluten-free Menu=

please say the words "GLUTEN-FREE" when ordering

all items vegan by default, but dairy cheese is available. substitute avocado in place of cheese for free  
\*\*\*our kitchen is not gluten-free: we use vital wheat gluten daily. there is a risk for cross contamination\*\*\*

## GF BREAKFAST SANDWICHES

### #1 Egg & Cheese \$6.50

organic seasoned tofu, cheese, tomato, spinach, roasted red pepper aioli on a gluten-free bun  
avocado \$1 carrot ribbons 50¢ grilled or raw onion 50¢ bell peppers 50¢

### #3 Bacon, Egg & Cheese \$7.50

house tempeh bacon, organic seasoned tofu, cheese, tomato, spinach, roasted red pepper aioli  
on a gluten-free bun  
avocado \$1 carrot ribbons 50¢ onion 50¢ bell peppers 50¢

### Bun With Schmear \$4.50

gluten-free bun toasted with choice of vegan cream cheese, dairy cream cheese, peanut butter or hummus  
cucumber 50¢ tomato 50¢ avocado \$1 spinach 50¢ carrot ribbons 50¢ bell peppers 50¢  
grilled or raw onion 50¢ tempeh bacon \$1.50

## SIDES

### German Potato Salad cup \$4 bowl \$6

red and yukon gold potatoes, celery, carrots, green onion, fresh dill, vinaigrette

### Caesar Salad small \$4 large \$6

organic romaine with housemade garlic caesar dressing, capers, parmesan-y cheese

### Kale Side Salad small \$4 large \$6

kale, vinaigrette, pickled carrots, parmesan

### Chicken Salad cup \$4 bowl \$6

seasoned soy curls, celery, red onion, vegenaïse

*to go orders do not come with chips and pickle. if you request extra packaging we reserve the right to charge extra.*

# =The DC Vegetarian Gluten-Free Menu=

please say the words “GLUTEN FREE” when ordering

\*\*\*our kitchen is not gluten-free: we use vital wheat gluten daily. there is a risk for cross contamination\*\*\*

## GLUTEN FREE SANDWICHES

All items vegan by default, but dairy cheese is available. Substitute avocado in place of cheese for free. Dine-in orders served with potato chips & a pickle spear. Substitute any side in place of chips & pickle \$2.50

### Italian Sub \$12

substitute tempeh bacon for deli meat (no extra charge), cheese, lettuce, tomato, onion, banana peppers, veganaise, mustard, oil & vinegar on a gluten-free bun

avocado \$1.50 cucumbers 50¢ carrots 50¢ bell peppers 50¢

### Chicken Salad \$12

seasoned soy curls, celery, red onion, veganaise, lettuce, tomato served without bread over spinach and other vegetables

avocado \$1.50 tempeh bacon \$1.50 cheese \$1.50  
banana peppers \$1

### BLT \$9

marinated tempeh bacon, lettuce, tomato, and veganaise on a gluten-free bun

avocado \$1.50 cheese \$1.50

### Cajun Chicken Po Boy \$12

creole seasoned soy curls, spicy remoulade sauce, lettuce, tomato, onion, pickle spears served without bread over spinach and other vegetables

cheese \$1.50 avocado \$1.50

### Tempeh Burger \$10

tempeh patty, lettuce, tomato, onion, pickles, ketchup, mustard, veganaise on a gluten-free bun

cheese \$1.50 tempeh bacon \$1 avocado \$1.50  
grilled onions 50¢

### The War Eagle \$10

bourbon BBQ soy curls, banana peppers, pickles, onions, veganaise on a gluten-free bun

cheese \$1.50 avocado \$1.50 banana peppers \$1

to go orders do not come with chips and pickle. if you request extra packaging we reserve the right to charge extra.