

BREAKFAST

sandwiches

#1 (not)egg & cheese \$4.50

organic seasoned tofu, vegan daiya or dairy cheddar cheese, avocado, tomato and roasted red pepper aioli on a rustic ciabatta roll

- substitute a bagel...50¢
- add spinach, carrot, onion or sprouts...25¢ each
- substitute a gluten-free bun...50¢
- substitute vegan Chao cheese...no extra charge

#2 sausage, (not)egg & cheese \$5.50

everything on the #1 plus cartmade vegan sausage

#3 bacon, (not)egg & cheese \$5.50

everything on the #1 plus cartmade vegan tempeh

#4 steak, (not)egg & cheese \$5.50

everything on the #1 plus cartmade vegan seitan

bagels

toasted bagel with schmear \$3.25

- add spinach, carrot, tomato, onion, cucumber or sprouts...25¢ each
- add avocado...50¢
- add vegan sausage, seitan or tempeh bacon...\$1

veggie bagel sandwich \$4.75

toasted bagel with schmear plus cucumber, tomato, spinach, carrot, sprouts, onion

bagels: - hearty wheat - jalapeño
- everything - salt

schmears: - vegan cream cheese
- dairy cream cheese
- earth balance - hummus
- peanut butter